

Dear Commissioners:

Now more than ever, Penn State Extension is committed to providing you with resources and information to assist you and your constituents. We are offering free webinars and courses throughout the month of April, providing your constituents with relevant information as we shelter in place. We are also continuously developing webinars to assist our agricultural and business community to navigate these changes.

Our Educators are continuing to provide services throughout Juniata County via Zoom meetings, webinars, email, phone, as well as farm visits when necessary. 4-H has been able to keep kids involved and projects moving forward by having club meetings and resources online. Much of our programming has pivoted to COVID-19 related topics, including financial, marketing, nutrition, health and wellness, animal health, safety, etc.

Below are links to resources you may find useful for your office and constituents. If there are issues or topics where you need more in-depth information, call or email us for assistance. Even if Extension is not able to solve them directly, we have an extensive network of industry partners we collaborate with to find information and solutions.

Here are a few highlights of FREE resources:

COVID-19

Coronavirus / COVID-19 Information: <https://extension.psu.edu/coronavirus>

Business/Economic

“Application Instructions for the Paycheck Protection Program: A COVID-19 Crisis Webinar”: A pre-recorded webinar walking viewers through the process of completing the 2-page Paycheck Protection Program application and what verification documents will be needed, as well as how to find a lender. <https://extension.psu.edu/application-instructions-for-the-paycheck-protection-program-a-covid-19-crisis-webinar>

“COVID-19 Stimulus Benefits and Your Small Business Update”: This webinar will include an update for the Paycheck Protection Program and Sole-Proprietor Unemployment Benefits. <https://extension.psu.edu/covid-19-stimulus-benefits-and-your-small-business-update-webinar>

“Tools and Techniques for Managing COVID-19 Recovery Costs Webinar”: Federal funding programs are currently available that provide an opportunity for your community to better respond to and recover from the ongoing COVID-19 crisis. This webinar will take you through overviews and best practices that you and your teams can utilize.

<https://extension.psu.edu/tools-and-techniques-for-managing-covid-19-recovery-costs-webinar>

“H-2A Agricultural Workers in Times of Uncertainty Webinar”: COVID-19 mitigation efforts, including international travel restrictions and consulate closures, have disrupted the normal functioning of the H-2A visa program for temporary workers. These disruptions to the H-2A program raise questions about the timely arrival of guest workers and the impact on essential food and agricultural businesses. This webinar will provide answers and guidance to the many questions surrounding this topic.

<https://extension.psu.edu/h-2a-agricultural-workers-in-times-of-uncertainty-webinar>

Food, Families, and Health

“Meal Planning and Stretching Your Food Dollars During Challenging Times Webinar”: With so many of us practicing social distancing relating to COVID-19, it may be difficult to make regular trips to the grocery stores or not being able to find what you need when you do get to the store. This webinar will help participants plan healthy meals with limited supplies staying within a budget.

<https://extension.psu.edu/meal-planning-and-stretching-your-food-dollars-during-challenging-times-webinar>

Master Gardeners

“Victory Garden Reinvented! Webinar Series”: Shelter-in-place is a new concept for most of us, and as we spend more time confined to our homes, many people are finding that time outdoors in the garden relieves stress and provides needed exercise. And as a bonus, delicious vegetables and fruits can be grown and harvested at a reduced cost. The Penn State Extension Master Gardener Program is taking a fresh look at Victory Gardening during the current pandemic. Extension educators and Master Gardeners will be providing up-to-date, research-based information on best practices for growing vegetables in containers, raised beds, and in-ground beds. This eight-week webinar series will be held on Tuesdays, beginning April 14 from 12:00 PM to 1:00 PM. Join us for the **Victory Garden Reinvented! Webinar Series** to learn up-to-date, research-based information on best practices for growing vegetables. [https://www.cvent.com/events/victory-garden-reinvented-webinar-series/event-summary-](https://www.cvent.com/events/victory-garden-reinvented-webinar-series/event-summary-3fe7544e35e2462ea2cf85260b94ff91.aspx?lang=en&sms=1&cn=ZzxHHfAeB0aou2Sg274xHw&fbclid=IwAR3Opzv7CLlqxopBfT7ElrgMcyjWe9ro3GTe1pSGSIkn2-nwDW2i4OHycBmc)

[3fe7544e35e2462ea2cf85260b94ff91.aspx?lang=en&sms=1&cn=ZzxHHfAeB0aou2Sg274xHw&fbclid=IwAR3Opzv7CLlqxopBfT7ElrgMcyjWe9ro3GTe1pSGSIkn2-nwDW2i4OHycBmc](https://www.cvent.com/events/victory-garden-reinvented-webinar-series/event-summary-3fe7544e35e2462ea2cf85260b94ff91.aspx?lang=en&sms=1&cn=ZzxHHfAeB0aou2Sg274xHw&fbclid=IwAR3Opzv7CLlqxopBfT7ElrgMcyjWe9ro3GTe1pSGSIkn2-nwDW2i4OHycBmc)